



STUNT CLINIC

Hosted by

Wake Forest All-Stars Alpha Wolves

COME FIND YOUR STRENGTH!



Open to all ages and all levels... NO EXPERIENCE NECESSARY!

Learn how to base, back-spot and fly with the Alpha Wolves, WFAS's Senior Level 5 all star cheerleading team. We will teach you all you need to know from the basics to the elite. Two legs, one leg, waist level, prep (chest) level, and extended level stunts will be taught. We will be working on transitional elements in partner stunts as well as work on basket tosses!

The clinic will be held on January 30th from 9:00am-12:00pm.

Detach and turn in to Young's office on or before January 25th if ordering a T-shirt. If no T-shirt is desired please turn in form and payment by the start of the Clinic.

Participants Name: _____ Age: _____

Emergency contact: _____ Relation to participant: _____

Phone #: _____

Would you like to order a Stunt Clinic 2010 T-shirt? (additional \$20): Yes _____ No _____

Size: YS, YM, YL, YXL, AS, AM, AL (Circle one)

Total Due: \$45.00 without T-shirt or \$65 with Stunt clinic T-shirt

Desired position to learn: Flyer Base Back spot (circle one)

